



THE CLUB AT
OLD HAWTHORNE

Fitness Center Policies

Access

2 cards are issued per family. Lost or additional keys will be charged a fee of \$25.00

Children under the age of 15 are not permitted to use the fitness center.

Within the family- children are included to use the fitness center until they reach the age of 23 years.

Guests

Members may bring out of town family members or guests for a fee of \$10.00 per day and must be approved with our Fitness Director, Aniz Kneabel before working out at the facility.

Members may bring "prospective members" to work out and use facility for a fee of \$10.00 a day and must be approved by our Membership Coordinator, Cara Christianson before working out at the facility.

Hours of Operation

Monday-Sunday
4 a.m. - 10 p.m.

Fitness Director's Hours

Monday 4-7
Tuesday/Thursday 7-11, 4-7
Wednesday/ Friday 7-4

The Fitness Director's Schedule is tentative and may be changed accordingly.



THE CLUB AT
OLD HAWTHORNE
Fitness Center Rates

Personal Trainer Price Sheet

Aniz Knaebel
aniz@oldhawthorne.com
573.442.5280

Full Hour Personal Training

1/2 Hour Personal Training

Individual

Individual

\$60 per session

\$30 per session

36 sessions- Individual
\$1,800- \$50 per session

36 sessions
\$900.00 - \$25.00 per session

Cancellation Policy- Must call 24 hours in advance to cancel or half of fee will be charged.

Massage Therapist available upon request Monday-Saturday.